

## Fire Safety Instructions

Our buildings are equipped with:

- **Fire Alarm Systems** - that will alert the whole building in case of a fire. It is strictly forbidden to tamper with- or cover the alarm detector because of the severe endangerment of lives; yourselves and others.
- **Panels that can cancel the alarm (does not apply to Storgata, where Securitas are first responders)** - These are located in the hallways and shall only be used when in certainty that you have triggered the fire alarm in your room because of cooking etc.

All the fire alarms are directly transferred to the Fire Department (except Storgata) – if you're not able to cancel the alarm within 3 minutes (2 minutes in Sandakerveien), the Fire Department will respond, and a fee will be charged the responsible tenant.

- **Fire extinguishing equipment** (fire hose/powder extinguishers/sprinkler systems).

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- Doors and walls towards stairs and between rooms works as fire separators and will limit smoke and flames spreading. Doors must not be blocked or wedged open.
- In case of a fire, all closed doors and windows will hinder smoke- and flames from spreading.
- The staircase is an evacuation route. Doors leading to the stairs needs to remain closed at all times.
- The staircase must not be used for storage/depositing of various items as this will increase the risk of fire and be of hindrance in case of evacuation.

## **Evacuation plan – Fire Safety Instructions**

### **Acquaint yourself with:**

- The nearest evacuation routes.
- Placement and use of fire technical equipment. See separate instruction for the cancellation panel.
- Meeting points in the event of evacuation (near the main entrance of your building).

### **If you discover a fire:**

- Try to save other persons who are in immediate danger if possible and if it does not put yourself in danger.
- Try to extinguish the fire if possible and if it does not put yourself in danger.
- Notify others – knock on doors and shout. Push the manual fire alarms (red box) if the alarm has not been triggered automatically.
- Call the Fire Department (110).

### **During fire / fire alarm:**

- Close doors and windows.
- Evacuate the building immediately, leave all personal belongings behind.
- Help people that need assistance.
- Go to the meeting point

- Notify Fire Department and/or Securitas if you know the location/reason for the fire.
- Notify if you know of anybody missing.

**If the staircase is filled with smoke:**

- Return to your room and close the door.
- Open window to gain the fire departments attention.

For more information on fire safety:  
<https://www.sikkerhverdag.no/en/fire>

